

# Washington Massage

# NEWS



Wash. Chapter, American Association Masseurs & Masseuses

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Editor

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Kennewick,

Washington

## SPOKANE NEWS

The first fall meeting of the Spokane local was held September 7, 1956 in the home of R.A. Butt.

The members wish to express their appreciation to the Seattle local for the token of gratitude to Mr. F.E. Bloom for his loyal service to the State Chapter of the A.A.M.M. The gift was supplemented by a similar gift from the Spokane Local.

Mr George Gammon, Masseuse from San Bernadino , California, visited members of the Spokane A.A.M.M. the week of September 4.

An invitation is extended to all Masseurs and Masseuses within driving distance to attend our meetings held the first Friday of each month.

The next meeting will be held October 5, 1956 at the C.R. Sopars.

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"GET YOUR SHARE OF BUSINESS " by B urton M Dubin  
Is the title of a column to be found in the brand new magazine that has just started being published. It is called "CONTOUR" and it is geared to help the salon owner increase business, prestige...be educational, informative...exhibit new products and ideas. Send for your copy soon, to Contour , 3000 Sunset Blvd., Hollywood 28, California. 1 year (6 issues) \$1.20, 2 years (12 issues) \$2.00. You are invited to write them your plans, success stories, results, and ideas. It might be a good idea to tell of our hopes for the A.A.M.M. also! (ED.)

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Have you ordered your new supply of A.A.M.M. seals? This plan to aid your A.A.M.M. financially cannot be a successful plan , unless you make it a success. You may get them from the national Sec-Treasurer, Arthur Melson. AND WHILE YOU ARE SENDING HIM YOUR ORDER FOR STAMPS BE SURE TO SEND HIM YOUR CODE LETTERS FOR THE NEW ROSTER TO BE PUBLISHED IN NOVEMBER.

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## WHAT IS YOUR DESTINY?

SOW AN ACT, AND YOU REAP A HABIT; SOW A HABIT, AND YOU REAP A CHARACTER; SOW A CHARACTER, AND YOU REAP A DESTINY.--G.D. Boardman  
Looks like we are what we make out of ourselves. Not a very pleasing thought at times is it ?

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## PRESIDENTS MESSAGE

John Murray R.M.

### REGISTERED MASSEURS AND MASSEUSES

From the beginning of our profession there has been an urgent need for a suitable name or title, to differentiate our profession from that of the other healing arts.

It has been the custom over the years, for some masseurs and masseuses to mistakenly call themselves Doctor. Even at the present time many of the clientele will address their masseur or masseuses as Doctor, out of respect, in some cases, but chiefly because of not knowing just what title to use. Even when corrected and informed that you are not a Doctor, they will often say, "Well, you are my kind of Doctor."

Through the auspices of the American Association of Masseurs and Masseuses it has become possible for its members, who have been engaged in active practice and in good standing for a period of three years or more, to earn the title of registered Masseurs and Masseuses, with the right to use the letters R.M. after their name.

All members should consider it a singular privilege and be proud to use those two letters in connection with their names, even as a Registered Nurse is to use R.N., or Registered Physical Therapist to use R.P.T., or any of the Doctors titles such as M.D., D.O., D.C., etc. All members should use them in carrying on all business and professional correspondence, on professional cards, letter heads, statements etc.

THE TITLE HAS BEEN EARNED THROUGH THREE YEARS OF PRACTICE, LOYALTY, AND GOOD STANDING, ALL OF WHICH IS COMPARABLE TO AN APPRENTICESHIP OR INTERNESHIP. IT SHOULD BE VALUED ACCORDINGLY.

John A. Murray R.M.

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#### NEWS RELEASE

At the request of "r. F. R. Canaday  
Seattle President  
Sept. 15, 1956

The next meeting of the Seattle Local Chapter will be November 16th (the day before Armistice Day) in the same place in Mannings Coffee Shop 215 Union Street by the side of the Old Post Office. The question of High Blood Pressure in exceptionally difficult cases will be demonstrated by Arthur Mann, and Mr. Mann suggests that if you have any questions, please don't hesitate to ask them. Visiting Masseurs and Masseuses are welcome. However in order to make our professional bonds stronger, it is advisable that you join with us, and help advance our profession. Remember the time is Saturday evening. Starting our luncheon at 7:00 P.M. promptly, and our regular business session promptly at 8:00 P.M.

Our meeting the past Saturday night was very interesting. Mr. Mann demonstrated "Draining the Gall Bladder" which is very useful in Jaundice and Liver complaints.

Mr. John Murray gave his report of the National Convention, and answered a number of questions-----The question about the National Organization raising the dues was discussed. Mr. Murray explained that the dues would not be raised this year because we had set up a Ways and Means Committee and it was planned that this committee would attempt to get finances in other ways this year. And that the raising of the dues would be taken up next year. It was also discussed that a number of states are having trouble with legislation being offered which would hurt our profession and that was why they needed funds. It was further discussed that the National organization now has a Legal Committee set up with the purpose in mind of studying legal steps to protect our legislative rights and our members on a National Basis. This could mean that all the States would pool their legal efforts in the future.



Mr. Arthur Mann made an explanation and tendered an apology for the confusion which occurred because of lack of proper information and concerning the disappointment Mr. Murray encountered as our candidate for Masseur Of The Year in Milwaukee. The local passed a motion asking the secretary to take up the matter of publishing prior information relative to the Masseur of the year with the National Officers.

The matter of our Political Welfare was taken up; The State Convention previously had instructed that a representative be appointed in Olympia to "PUSH OUR MASSAGE LEGISLATION" in the State Legislature. Mr. Neidfelt introduced Mr. Harry J. Martin, who is already nominated in the 37th district.

Mr. Martin in person volunteered to be our representative to us, and do everything he could to get our bill considered and passes at the Legislature Session---He told us he had no "Strings" on him from other people---That he had taken Massage for many years and didn't want any of our money. All he wants is votes.

Many of our members already know Mr. Martin personally: And we further agreed that we would send printed letters which were approved by the Seattle Local in regular session, to each of our patients and friend in the 37th District requesting them to help us elect Mr. Martin so that we would have a chance to get our Massage Bill. This was agreed upon. Mr. Martin will pay for the printing of his campaign letters and each masseur and masseuse will mail a letter to each patient he has in this district. We are certain that several hundred letters will be sent out.

Our meetings are growing. New members are seeking admission, and old members are still with us. Mrs. Williams tried to take our picture, but something went wrong with the camera. No Picture. However, you will have a chance to get in the next time. Come to the meeting and join us. You will find it most interesting and profitable.

By Milton A. Neidfelt

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#### THE ATHLETIC CLUB MASSEUR

By John A. Murray R.M.  
Wash. State Pres.

For many years I have heard Athletic Club Masseurs referred to as "Rubbers" and usually that remark is made by graduates of Massage schools who are not qualified to know what they are talking about, so this is being written in an effort to help clarify the misunderstanding.

The Athletic Clubs throughout the United States are undoubtedly the largest single employers of Masseurs. These masseurs have to meet certain requirements, they have to be versatile, have personality, ability, and dependability.

I have, myself, been employed in three different Athletic Clubs. I have found that the masseur personell, in 95% of the cases, are graduates of some Massage school and are also licensed in the city in which they are working. This in spite of the fact that a certificate of diploma, or a license is not necessary in any club. The clubs business licence covers all personell.

I have seen masseur after masseur that were graduates of different massage schools try out for positions in massage departments of these clubs and not make the grade. They just didn't have the ability to use their hands, (I believe masseurs and masseuses are born, not made). Schools and Colleges should recognize this fact and eliminate those who cannot qualify. Instead of taking their money, and sending them out in the world to meet disappointment for themselves, and disservice to the public they try to work with.

We have five masseurs in this club, four are graduates of massage schools, and are licensed in the city of Seattle, the other one has



been employed here for twelve or fourteen years, and is a fair masseur.

In a California club where I worked, there were seven masseurs six were graduates, and licenced, one of them was also a graduate Osteopath, who didn't have enough finance to open his own office, another was a chiropractor working under the same circumstances, the seventh had been a sparring partner for Jack Dempsey, had the cauliflower ears, the thick speech, and broken nose of the ex-fug, but wonderful hands and the ability to use them, He was as gentle as a baby in joint manipulation and very good, but as far as anatomy was concerned, he hardly knew a bone from a muscle. He was an outstanding manipulator. How much better it would have been for him, if he could have had a better background, at least enough to talk intelligently about his work, because he had all the physical qualifications.

It is my opinion that in many instances you will find better masseurs in athletic clubs, taking an average, than you will find in the average private office! So say our clientele, many of whom travel a great deal and have taken massage all over the world.

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This is the third month with no word from the Oregon Chapter. We are hoping that all is well with them and that we will be hearing from them again soon.

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#### NOTICE TO ALL MEMBERS

Please do not send articles to me that are ment for the National Masseur All copy for the national paper are to be sent to Mary Babbitt, Boise Idaho, or to Charles Brooks, Decatur , Ill. Ruth Williams

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The "Masseur" has done it again! Each time I receive my copy I am thrilled anew with the progress our group is making. Before another year is up I am looking for great things in the form of our national publications. May God bless the efforts of our officers in this important part of our profession.

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HOW ABOUT YOUR DEUS??? NOUGH SAID!!!

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Suggestions are in order for the forthcoming Tri-State convention to be held in Kennewick, Wash next June. Let us hear what you have to say regarding any pñan early in the game so that we may have plenty of time to work out things to your best satisfaction.

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How do you like the facelifting on this months "Massage News"? Thanks to Husk Printing Company ,(and \$18.00 and ett.) we now have a years supply on hand. I think that it gives us a more professional looking paper. Do you? Lets hear your remarks.

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## CHEMICAL INVENTORY

### Manganese

Pure manganese is a silvery-white metal. In general appearance it is much like pure iron. It is, however, much more brittle than iron, and will take on a very high polish. It is found abundantly in rock formation, soil, and in the vegetable and animal kingdoms. It is used commercially in the manufacture of high-grade steel, enhancing its property in forging and tempering. It is also used in the manufacture of glass and pottery..

Small amounts of this element are found in the blood cells, the outer coverings of bones, the linings of the heart and gall bladder, in the capsules of the joints and in the larynx. Its hardening properties manifest themselves in bone and joint protection. It is of value as a tonic to the bone and ligament structure. It retards the activity of cancerous growths, tuberculosis, and other deep-seated diseases. It prevents the development of gout and joint inflammations. Many of its functions have not as yet been fully determined, they are still under investigation. About one ounce has been isolated in the body, but that small amount evidently performs a great service in adding strength and resistance to the harder structures of the body.

Some very peculiar symptoms are evidenced in manganese hunger. Outstanding among the list are the following: Confusion and dizziness as a result of a turning motion, car-sickness, sea-sickness, and the inability to determine the exact position of the body, or to maintain definite outlines as they actually appear to others. The eyes will itch and smart, hay fever and rose colds are common, the joints of the body are sore and inflame readily.. Manganese foods are of great value in the prevention and correction of deep-seated chronic diseases, especially those affecting bones and joints.

Manganese hunger will contribute to inadequate vision, in that the eyeballs are tender, and color flashes appear before the eyes. Shifting joint pains at night is another symptom of manganese hunger. When food passes through the intestines without being digested, a manganese diet is needed.

Very few people get too much manganese. The foods in which it is found are not common in character in that they are not found on the average table every day of the week. Nasturtium leaves, parsley, peppermint leaves, and wintergreen leaves, as well as endive, should be served frequently as part of a salad. Teas made from peppermint or wintergreen leaves are also valuable agents in increasing manganese in the body. It is suggested that manganese foods be incorporated to a greater extent in the general diet, so that their beneficial effect may be added to that of the common foods. In diseased conditions, their use will be found valuable as indicated by the symptoms previously outlined.

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#### THOUGHT FOR THE DAY:

Nature has perfections, in order to show that she is the image of God; and defects to show that she is only his image...Pascal

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A list of 17 schools was approved in national convention. This is a good start to future things. This list was in the Massage News a few issues back. Don't forget that we now have a national Placement bureau, you may send your needs to Mrs Reiser, Sioux Falls, S.D.